

Davidson Football Lifting, Holidays in United States

Jan 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day OFF	2 New Year's Day OFF	3 Christmas Break OFF	4 OFF Return to School	5 5:45am - am lifting	6 5:45am - am lifting	7 OFF
8 OFF	9 5:45am - am lifting	10 5:45am - am lifting	11 OFF	12 5:45am - am lifting	13 5:45am - am lifting	14 OFF
15 OFF	16 Martin Luther King 7am - am lifting	17 5:45am - am lifting	18 OFF	19 5:45am - am lifting	20 5:45am - am lifting	21 OFF
22 OFF	23 5:45am - am lifting	24 5:45am - am lifting	25 OFF	26 5:45am - am lifting 3pm - VB Courts	27 5:45am - am lifting	28 OFF
29 OFF	30 5:45am - am lifting	31 5:45am - am lifting	1 OFF	2 5:45am - am lifting	3 5:45am - am lifting	4 OFF

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Feb 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 OFF	30 5:45am - am lifting	31 5:45am - am lifting	1 OFF	2 5:45am - am lifting	3 5:45am - am lifting	4 OFF
5 OFF	6 5:45am - am lifting	7 5:45am - am lifting	8 OFF	9 5:45am - am lifting	10 5:45am - am lifting	11 OFF
12 OFF	13 5:45am - am lifting	14 Valentine's Day 5:45am - am lifting	15 OFF	16 5:45am - am lifting	17 7am - am lifting 9am - VB Courts	18 OFF
19 OFF	20 Presidents' Day 7am - am lifting	21 5:45am - am lifting	22 OFF	23 5:45am - am lifting	24 5:45am - am lifting	25 OFF
26 7am - Breakfast	27 5:45am - am lifting	28 5:45am - am lifting	1 OFF	2 5:45am - am lifting	3 5:45am - am lifting	4 OFF

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Mar 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 7am - Breakfast	27 5:45am - am lifting	28 5:45am - am lifting	1 OFF	2 5:45am - am lifting	3 5:45am - am lifting	4 OFF
5 7am - Breakfast	6 5:45am - am lifting	7 5:45am - am lifting	8 OFF	9 5:45am - am lifting	10 5:45am - am lifting	11 OFF
12 Daylight Saving 7am - Breakfast	13 5:45am - am lifting	14 5:45am - am lifting	15 OFF	16 5:45am - am lifting	17 5:45am - am lifting	18 OFF
19 OFF	20 OFF Spring Break	21 OFF Spring Break	22 OFF Spring Break	23 OFF Spring Break	24 OFF Spring Break	25 OFF
26 OFF	27 5:45am - am lifting	28 5:45am - am lifting	29 OFF	30 5:45am - am lifting	31 5:45am - am lifting	1 OFF

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Apr 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 OFF	27 5:45am - am lifting	28 5:45am - am lifting	29 OFF	30 5:45am - am lifting	31 5:45am - am lifting	1 OFF
2 7am - Breakfast	3 5:45am - am lifting	4 5:45am - am lifting	5 OFF	6 5:45am - am lifting	7 5:45am - am lifting	8 OFF
9 7am - Breakfast	10 5:45am - am lifting	11 5:45am - am lifting	12 OFF	13 Thomas Jefferson's 5:45am - am lifting	14 Good Friday OFF	15 OFF
16 Easter Sunday OFF	17 5:45am - am lifting	18 5:45am - am lifting	19 OFF	20 5:45am - am lifting	21 5:45am - am lifting	22 OFF Prom (Be Safe)
23 OFF	24 5:45am - am lifting	25 5:45am - am lifting	26 OFF	27 5:45am - am lifting	28 5:45am - am lifting	29 OFF
30 OFF	1 5:45am - am lifting	2 5:45am - am lifting	3 OFF	4 5:45am - am lifting	5 5:45am - am lifting 3pm - VB Courts	6 OFF

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May 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 OFF	1 5:45am - am lifting	2 5:45am - am lifting	3 OFF	4 5:45am - am lifting	5 5:45am - am lifting 3pm - VB Courts	6 OFF
7 7am - Breakfast	8 5:45am - am lifting	9 5:45am - am lifting	10 OFF	11 5:45am - am lifting	12 5:45am - am lifting	13 OFF
14 Mother's Day OFF	15 5:45am - am lifting	16 5:45am - am lifting	17 OFF	18 5:45am - am lifting	19 5:45am - am lifting	20 OFF
21 7am - Breakfast	22 5:45am - am lifting	23 5:45am - am lifting	24 OFF	25 5:45am - am lifting	26 5:45am - am lifting	27 OFF
28 OFF	29 Memorial Day 6am - Attitude Week	30 National Guard 6am - Attitude Week	31 Police Academy 6am - Attitude Week	1 Bunny Hill 6am - Attitude Week	2 6am - Attitude Week	3 OFF

Davidson Football Lifting, Holidays in United States

Jun 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 OFF	29 Memorial Day 6am - Attitude Week	30 National Guard 6am - Attitude Week	31 Police Academy 6am - Attitude Week	1 Bunny Hill 6am - Attitude Week	2 6am - Attitude Week	3 OFF
4 OFF	5 7am - Lift and	6 7am - Lift and	7 OFF	8 7am - Lift and	9 7am - Lift and	10 OFF
11 OFF	12 7am - Lift and	13 7am - Lift and	14 OFF	15 7am - Lift and	16 7am - Lift and	17 OFF
18 Father's Day OFF	19 7am - Lift and	20 7am - Lift and	21 OFF	22 7am - Lift and	23 7am - Lift and	24 OFF
25 OFF	26 7am - Lift and	27 7am - Lift and	28 OFF	29 7am - Lift and	30 7am - 4th of July	1 OFF

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Jul 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 OFF	26 7am - Lift and	27 7am - Lift and	28 OFF	29 7am - Lift and	30 7am - 4th of July	1 OFF
2 OFF	3 OFF	4 Independence Day	5 OFF	6 7am - Camp Day #1	7 8am - Camp day #2	8 OFF
9 OFF	10 8am - Camp Day 3	11 8am - Camp Day 4	12 8am - Camp Day 5	13 8am - Camp Day 6	14 OFF	15 OFF
16 OFF	17 9am - Youth Camp 11:30am - Frosh	18 9am - Youth Camp 11:30am - Frosh	19 9am - Youth Camp 11:30am - Frosh 6pm - 7 on 7	20 9am - Youth Camp 11:30am - Frosh	21 OFF	22 10am - CAR WASH
23 OFF	24 8am - Varsity only	25 8am - Varsity only	26 8am - Varsity only 12pm - 7 on 7	27 OFF	28 OFF	29 OFF
30 OFF	31 OFF	1 7:45am - 2-A-Day	2 7:45am - 2-A-Day	3 7:45am - 2-A-Day	4 7:45am - 2-A-Day	5 7:45am - 2-A-Day

Davidson Football Lifting, Holidays in United States

Aug 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 OFF	31 OFF	1 7:45am - 2-A-Day	2 7:45am - 2-A-Day	3 7:45am - 2-A-Day	4 7:45am - 2-A-Day	5 7:45am - 2-A-Day
6 OFF	7 7:45am - 2-A-Day	8 7:45am - 2-A-Day	9 9am - Jerome	10 7:45am - 2-A-Day	11 7:45am - 2-A-Day	12 9am - Scioto
13 OFF	14 7:45am - 2-A-Day	15 7:45am - 2-A-Day	16 7:45am - 2-A-Day	17 2:30pm - 1 Practice	18 6pm - Findlay	19 8am - Films/Lift/Con
20 OFF	21 First Day of School 3:15pm - Stretching	22 3:15pm - Stretching	23 3:15pm - Stretching	24 3:15pm - Stretching	25 Grove City H	26
27 OFF	28 3:15pm - Stretching	29 3:15pm - Stretching	30 3:15pm - Stretching	31	1	2